



DERMATOLOGY  
ASSOCIATES

MEDICAL  
GROUP

March 2024

## PROCEDURE OF THE MONTH

### Laser Hair Removal

Get ready for summer! Prepay for 3 treatments of the same area, **get 20% off in March**

**Splendor X Laser** is a hair removal laser used to treat all skin types. With little to no pain, Splendor X produces faster results than other hair removal systems.



## PRODUCT OF THE MONTH

### Nicotinamide

Nicotinamide, a form of vitamin B3, reduces skin cancer risk by repairing sun-induced DNA damage and supporting immune health, proving beneficial for those at high risk or with extensive sun exposure.



## TIP OF THE MONTH:

### Nicotinamide for Skin Cancer Prevention

While sun protection is our main weapon against skin cancer, recent research offers another layer of defense: **nicotinamide**, a form of vitamin B3. Available as an oral supplement, nicotinamide, has shown impressive results in reducing the development of both skin cancers and actinic keratoses, precancerous lesions that often progress to cancer. Studies have found it can decrease the incidence of common skin cancers like basal cell carcinoma and squamous cell carcinoma by up to 23%, and reduce actinic keratoses by 15%. This translates to a powerful tool in our arsenal for protecting your skin from the sun's long-term damage.

How does it work? Nicotinamide supports DNA repair after sun exposure, boosting your skin's natural defenses against UV damage. It also helps maintain a healthy immune response, another key factor in preventing skin cancer. While sun protection remains crucial, nicotinamide could be a valuable tool for high-risk individuals, such as those with a history of skin cancer or extensive sun exposure.

While sun protection remains the cornerstone of skin cancer prevention, nicotinamide offers an additional layer of defense for individuals at high risk, such as those with a history of skin cancer or frequent sun exposure. We're excited to discuss this promising development with you at your next appointment and explore if it might be a good fit for your individual skin health needs.

The physicians at Dermatology Associates Medical Group have expertise in treating cosmetic, medical, and surgical dermatological conditions.

Please call (310) 626-4631 ext. 227 to schedule a consultation or visit us online at [www.derm90210.com](http://www.derm90210.com)

Dermatology Associates Medical Group  
465 N. Roxbury Dr., #803  
Beverly Hills, CA 90210  
[www.derm90210.com](http://www.derm90210.com)