

DERMATOLOGY ASSOCIATES MEDICAL GROUP
LASER CENTER

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SCITON BROADBAND LIGHT (BBL)
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www.derm90210.com

What is the BBL Broadband Light?

The Sciton BBL is an innovative, non-ablative technology used to treat skin conditions associated with aging, lighten brown pigment and sun damage, and to diminish the appearance of abnormal blood vessels and redness of the skin. The benefits include evening out skin color and tone, improving texture, minimizing pore size, and rejuvenating the skin.

How does the BBL work?

The light emits a heat energy that gently passes through the skin, targeting the pigment/vessels without damaging the surrounding skin. The heat absorbed by the targeted areas will also stimulate your skin cells to regenerate new collagen. There is little recovery time and a low risk of complications with phototherapy treatments if instructions are carefully followed.

Who is/is not a candidate?

BBL is safest and most effective on light, untanned skin (types I-IV), and persons that have followed the pre-treatment instructions carefully. **You may NOT be a candidate if you:**

- have naturally dark or tanned skin
- do not use sunscreen regularly
- have used self-tanners in the last 2 weeks
- are taking photosensitizing medications (within the last 2 weeks)
- have taken Accutane or chemotherapy/radiation in the last 6-12 months
- have any disease that causes sensitivity to sunlight/light (e.g. Lupus/SLE), or a bleeding disorder
- are pregnant (no exceptions)

What areas can be treated

Any area above the waist, with the most common areas being face, neck, chest, upper and lower arms, and hands. BBL treatments may affect hair growth; for this reason we do not treat over men's bearded areas unless discussed with the RN.

How many treatments will I need?

The number of treatments required will vary from patient to patient, depending on skin type, condition, and level of improvement desired. Although one treatment is beneficial, approximately 2-3 procedures are recommended for optimal improvement (3-6 for vascular issues). The treatments are scheduled approximately 4-6 weeks apart. For continued benefit, we strongly encourage maintenance treatments, once every 4-6 months.

What will happen during the procedure?

Your eyes will be protected with safety shields or glasses, although you will still see a bright flash of light. You may feel brief warm pulses or a "rubber band snap" like sensation as the light is absorbed by the targeted areas. Your procedure time varies depending on the area being treated.

Will it be uncomfortable?

A topical anesthetic cream may be applied 30 (up to 60) minutes prior to your treatment to reduce any discomfort. You must schedule this when you make your appointment. ***It is important to inform us if you are allergic/sensitive to Lidocaine/Novocain. The use of anesthetic cream is not recommended for breastfeeding women.***

What should I expect after the treatment?

Immediately after the treatment you may experience redness, swelling (rarely bruising or scabbing), and a sunburned-like sensation at the treatment site which may last for several hours or longer, up to 2-5 days (this varies person to person). Pigment and sun damage (including freckles) will turn dark and fade or slough off, usually within 7-14 days, longer for body areas. Make-up can be applied immediately post treatment. Aftercare instructions will be given to you following the procedure.