



MARCH 2023

DERMATOLOGY ASSOCIATES

MEDICAL GROUP

PROCEDURES OF THE MONTH:

Fraxel® is a non-ablative fractional laser with two wavelengths that allow it to treat a variety of conditions – fine lines, enlarged pores, acne scars, surgical scars, brown spots and age spots.

PRP injections can stimulate scalp hair growth in both men and women. PRP contains many growth factors that stimulate various mechanisms involved in hair growth.

PRODUCT OF THE MONTH:

Now on sale for \$190

SkinCeuticals Post-Procedure System

Homecare regimen designed to help aid skin recovery after minimally invasive procedures. System includes an AM and PM regimen to cleanse, prevent, protect, and correct your skin. The Post-Procedure System includes a Soothing Cleanser, CE Ferulic, UV Defense SPF 30, and Phyto Corrective Masque.



TIP OF THE MONTH:

ARE SUPPLEMENTS FOR HAIR LOSS BENEFICIAL?

We've periodically reported on topics related to hair growth treatments including the use of low dose oral minoxidil, alopecia, and platelet rich plasma, PRP. Many patients ask about the purported benefits of nutritional supplements for hair loss. An extensive review of multiple studies published in JAMA Dermatology in November 2022 concluded that a wide range of products have potential but definitive evidence of safety and effectiveness were lacking due to factors such as the small size of the study groups, the mix of various types of hair loss, and the lack of control groups. Supplements could have a positive role in hair growth, and might be considered in selected situations, but better studies are needed. While certain deficiencies such as vitamin D and zinc may cause hair loss there are many other factors to consider. When experiencing hair loss, it's best to consult your dermatologist for evaluation which typically includes taking a thorough history and selected blood tests. A scalp biopsy might be performed when indicated.

If you're losing hair call 310-626-4631 to schedule a consultation with your dermatologist.

The physicians at Dermatology Associates Medical Group have expertise in treating cosmetic, medical, and surgical dermatological conditions. Please call (310) 626-4631 ext. 227 to schedule a consultation or visit us online at www.derm90210.com

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